



**POGO-SCOR FELLOWSHIPS 2026
GUIDELINES FOR STIPEND CALCULATION (per month)**

Country	City	Living allow. (Euro)	Accommodation allow. (euros) up to max amount of:	Total stipend (euros) up to max amount of:
Australia	Brisbane	710	1140	1850
	Gold Coast**	830	1220	2050
	Hobart**	830	1175	2005
	Perth	725	1200	1925
	Sydney	830	1430	2260
	Townsville**	710	995	1705
Austria	Salzburg	735	1015	1750
Bangladesh	Sylhet**	290	50	340
Belgium	Brussels	760	950	1710
	Ostend**	735	585	1320
Bermuda	Hamilton**	1575	2100	3675
Brazil	São Paulo	375	390	765
Canada	Halifax	730	1090	1820
	Vancouver	770	1390	2160
	Victoria	785	1150	1935
Chile	Concepcion**	470	305	775
	Valparaiso**	470	350	820
China	Qingdao**	485	190	675
	Guangzhou	440	235	675
Czech Republic	Brno	520	700	1220
Denmark	Copenhagen	875	1270	2145
Finland	Helsinki	780	780	1560
France	Brest**	840	345	1185
	Marseille**	720	570	1290
	Paris	840	1005	1845
	Toulouse	720	590	1310
Germany	Bremen	720	535	1255
	Hamburg	775	850	1625
	Kiel**	775	590	1365
Ghana	Accra	390	210	600
Iceland	Reykjavik	1030	1760	2790
India	Goa**	280	150	430
	Hyderabad	260	110	370
Ireland	Dublin	800	1825	2625
	Galway**	785	1730	2515
Italy	Lecce**	625	425	1050
	Rome	630	810	1440
	Trieste**	715	595	1310
Japan	Tokyo	630	555	1185
	Yokohama**	630	380	1010
South Korea	Seoul	775	485	1260
Mexico	Ensenada**	420	290	710
Netherlands	Amsterdam	835	1650	2485
New Zealand	Auckland	725	980	1705
Norway	Bergen	890	920	1810
	Tromso**	945	1085	2030

Country	City	Living allow. (Euro)	Accommodation allow. (euros) up to max amount of:	Total stipend (euros) up to max* amount of:
Nigeria	Lagos	375	315	690
Portugal	Faro**	565	795	1360
	Lisbon	565	1035	1600
South Africa	Cape Town	385	550	935
	Johannesburg	410	345	755
Spain	Alicante**	510	720	1230
	Barcelona	625	1080	1705
	Madrid	600	955	1595
	Palma de Mallorca	680	905	1585
	Vigo**	600	550	1150
Sweden	Stockholm	760	955	1715
Switzerland	Lausanne	1240	1540	2780
	Zurich	1275	1905	3180
Taiwan	Kaohsiung	585	240	825
United Kingdom	Belfast	680	825	1505
	Cambridge	900	1485	2385
	London	960	2015	2975
	Glasgow	745	835	1580
	Plymouth**	755	795	1550
	Norwich**	700	860	1560
	Southampton**	755	1040	1795
	Manchester	755	1070	1825
USA	Country	800	1180	1980
	College Station(TX)**	810	830	1640
	New York	1230	2475	3705
	San Diego (CA)	960	2275	3235
	Silver Spring (MD)**	970	930	1900
	Washington	970	1825	2795
	St Petersburg (FL)**	795	1365	2160

* Depends on the actual cost of accommodation.

** Based on the cost of living for the nearest big city available.

Important notes:

1. The monthly stipend stated in the successful applicant's award letter will be based on the fixed living allowance shown in the table above, plus the actual accommodation cost. The trainee must provide proof of this cost at least three weeks before the fellowship start date. Please note that the accommodation estimate provided by the prospective host supervisor at the time of application is for preliminary guidance only.
2. Accommodation costs should not exceed the amount shown in the table above. However, if a higher stipend is required due to more costly accommodation, the fellow may apply for an increase by submitting written evidence of the actual accommodation cost to the POGO Secretariat at least three weeks before the fellowship start date. Where the host institution is located in a city centre, an increase to the accommodation allowance above the amount in the table may be authorised on a case-by-case basis.
3. If the host city or country is not listed in the table above, the POGO Secretariat will calculate the appropriate stipend using the [Cost of Living Index](#).
4. The living allowance for successful candidates may be reviewed prior to the fellowship start date to account for potential increases in the cost of living due to inflation.