



**POGO-SCOR FELLOWSHIPS 2025
GUIDELINES FOR STIPEND CALCULATION (per month)**

Country	City	Living allow. (Euro)	Accommodation allow. (euros) up to max amount of:	Total stipend (euros) up to max amount of:
Australia	Brisbane	850	1080	1930
	Gold Coast**	910	1180	2090
	Hobart**	910	1015	1925
	Perth	905	995	1900
	Sydney	910	1310	2220
	Townsville**	850	870	1720
Austria	Salzburg	850	895	1745
Belgium	Brussels	810	915	1725
	Ostend**	790	550	1340
Brazil	São Paulo	480	360	840
Canada	Halifax	835	1075	1910
	Vancouver	895	1490	2385
	Victoria	920	1195	2115
Chile	Concepcion**	515	330	845
	Valparaiso**	515	335	850
China	Qingdao**	505	185	690
	Guangzhou	420	250	670
Denmark	Copenhagen	950	1240	2190
Finland	Helsinki	835	800	1635
France	Brest**	855	345	1200
	Marseille**	785	600	1385
	Paris	905	1020	1925
	Toulouse**	785	580	1365
Germany	Bremen	770	515	1285
	Hamburg	840	800	1640
	Kiel**	770	490	1260
Ghana	Accra	329	121	450
India	Goa**	300	225	525
	Hyderabad	290	125	415
Ireland	Dublin	880	1715	2595
	Galway	750	1460	2210
Italy	Lecce**	670	425	1095
	Rome	695	750	1445
	Trieste**	730	560	1290
Japan	Tokyo	690	565	1255
	Yokohama**	690	430	1120
South Korea	Seoul	845	425	1270
Mexico	Ensenada**	540	395	935
Netherlands	Amsterdam	840	1610	2450
New Zealand	Auckland	880	970	1850
Norway	Bergen	1015	825	1940
	Tromso**	1075	1085	2100
Portugal	Faro**	615	715	1330
	Lisbon	615	1080	1695
South Africa	Cape Town	415	440	855
	Johannesburg	435	325	760



Country	City	Living allow. (Euro)	Accommodation allow. (euros) up to max amount of:	Total stipend (euros) up to max amount of:
Spain	Alicante	605	680	1285
	Barcelona	645	1010	1655
	Madrid	630	955	1585
	Palma de Mallorca**	605	875	1480
	Vigo	590	525	1115
Sweden	Stockholm	825	955	1780
Switzerland	Lausanne	1410	1245	2655
	Zurich	1420	1895	3315
United Kingdom	Belfast	750	840	1590
	Cambridge	830	1365	2195
	London	960	1940	2900
	Glasgow	795	880	1675
	Plymouth**	775	915	1690
	Norwich	740	980	1720
	Southampton**	775	1040	1815
	Manchester	805	1115	1920
USA	Country	875	1315	2190
	College Station(TX)**	880	1300	2180
	New York	1200	2510	3710
	San Diego (CA)	1035	2135	3170
	Silver Spring (MD)**	1020	1055	2075
	Washington	1020	1905	2925
	St Petersburg (FL)**	865	1430	2295

Important notes:

1. The monthly stipend in the successful applicant's award letter will be based on the fixed sum of living allowance shown in the table above plus the actual accommodation cost that the trainee must provide proof of at least 2 weeks in advance of the fellowship start date. The accommodation estimate quoted by the prospective host supervisor at the time of application is for preliminary information only.
2. Accommodation cost should not be more expensive than the amount shown on the table above, but if an increase to the stipend is required due to more costly accommodation, the fellow can apply for an increase. To do this, the fellow will need to provide written evidence of the actual cost of accommodation to the POGO Secretariat at least 3 weeks in advance of the fellowship start date. In case the host institution is located in the centre of the reference city, an increase to the accommodation allowance above the amount in the table may be authorised on a case-by-case basis.
3. If the host city/country is not included in the above table, the POGO Secretariat will calculate the appropriate stipend based on the Cost of Living Index (<http://www.numbeo.com/cost-of-living/>).
4. The living allowance for the successful candidates may be reviewed to accommodate potential raises in cost of living due to inflation in advance of the fellowship start date.